

Medical Alert System



**MEDICAL ALERT SYSTEMS
PROVIDE SECURITY,
PEACE OF MIND,
AND INDEPENDENCE
... AT HOME.**

Live in the comfort of your home.

Living at home surrounded by things that are familiar makes you feel the most comfortable. A medical alert system allows you to maintain your independence at home. At the push of the waterproof help button, Care Specialists are ready to provide helpful, responsive service at any time of day or night.

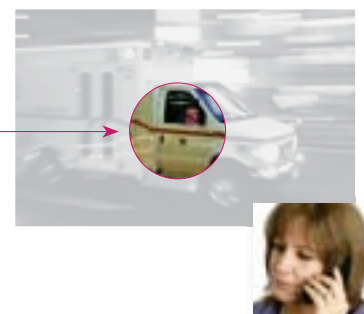
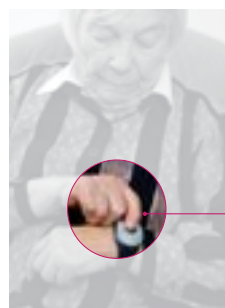
**BENEFITS OF OUR
MEDICAL ALERT SYSTEM**

- UL Listed monitoring center
- CSAA Certified Care Specialists
- No long-term contract
- Cancel at any time
- Simple 10 minute setup
- 24/7 customer assistance



Medical Alert System console is designed for tabletop use.

HOW IT WORKS



1 Press your Help Button

A medical alert customer presses their Help Button.

2 Care Specialists are ready to assist you.

A Care Specialist immediately addresses the need. A second Care Specialist calls EMS.

3 Help is on the way.

EMS is contacted and immediately dispatched. The Care Specialist will stay on the line until help arrives.

For more information or to place your order call 515.330.2361 today!

Need a Medical Alert System?



ANSWER THE FOLLOWING QUESTIONS TO DETERMINE IF A MEDICAL ALERT SYSTEM IS RIGHT FOR YOU.

Question	Yes	No
Do you live alone?		
Are you 65 years of age or older?		
Have you fallen in the last 3 years?		
Are you worried about falling and not being able to reach the phone?		
Are you worried about falling in the shower?		
Do you have difficulty using steps or standing up?		
Do you have any of these conditions: heart disease, osteoporosis, chronic obstructive pulmonary disease (COPD), diabetes, arthritis?		
Do you have poor vision and find it easier to simply press a button than use a standard telephone?		
Do you use a cane for balance or walking?		
Are your loved ones worried about you when you're home alone?		
Is it important for you to continue living independently?		

COUNT YOUR "YES" ANSWERS TO SEE IF YOU NEED A MEDICAL ALERT SYSTEM.

0-2	3-5	6-8	9-11
Not required	Moderate need	Highly recommended	Urgent need
Your health and living situation don't require a medical alert system, but it can provide peace of mind against the unexpected.	You are at risk for a fall or other incident. A medical alert system helps ensure that aid can get to you quickly.	Several factors put you at a high risk for a fall or other incident. To maintain your independence, a medical alert system is highly recommended.	You are at a very high risk of an incident requiring medical attention. A medical alert system is strongly advised.

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Medical Alert Accessories



LOCK BOX



Our lock box gives caregivers and emergency responders the ability to access your home when assistance is needed and you are unable to answer the door. Simply put a key to your home in the lock box and place it around your front door handle or knob. We provide emergency responders the code to open the key storage compartment.

BATHROOM/HALLWAY HELP BUTTON



These Help Buttons bring the added confidence that help is always in reach. The Buttons are commonly placed near the floor in bathrooms, hallways and bedrooms to be easily reachable in the event of a fall or other household emergency.

ACTIVITY ASSURANCE



With Activity Assurance, your medical alert system automatically checks on you or your loved one every day. If there is no response to the daily check from your console, the system signals our monitoring center and a trained Care Specialist will summon help.

ADDITIONAL USER



An additional Help Button allows another person in your home to use the system.

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Frequently Asked Questions



HERE ARE THE ANSWERS
TO SOME FREQUENTLY
ASKED QUESTIONS
ABOUT OUR MEDICAL
ALERT SYSTEM

Do I have to sign a long-term contract?

No. There are no long-term contracts. You may cancel at any time and you will not be responsible for any additional payments.

Will this medical alert system work in my neighborhood?

Yes. This medical alert system works everywhere in the United States.

How reliable is the Monitoring Center?

All of our monitoring is done at a UL Listed, CSAA Five Diamond monitoring center staffed 24/7 by highly trained Care Specialists.

What if I am unable to speak when I press the help button?

If they cannot hear you, the Care Specialists will follow your personalized emergency contact instructions.

What happens if I accidentally push the Help Button?

Simply tell our Care Specialist that help is not needed. There are no additional charges for requests for help whether real or accidental.

What if my medical alert system requires service

A replacement system will be shipped at no cost to you.

What if I move or go on vacation?

You can easily unplug the system and take it with you. Simply notify us of your new location.

Can more than one person be protected at my home?

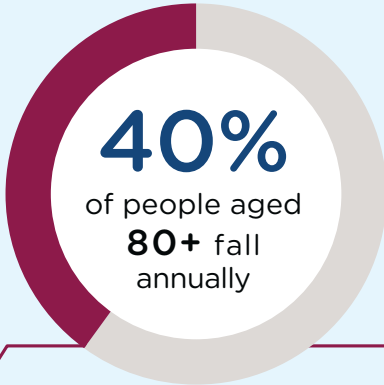
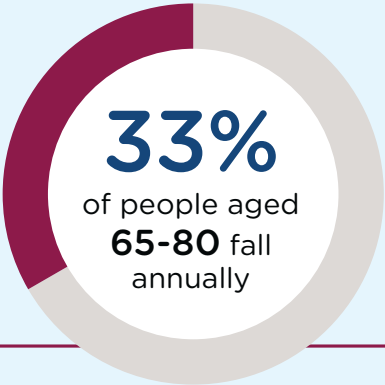
Yes. You can order a Help Button for an additional person.

How quickly can I get service?

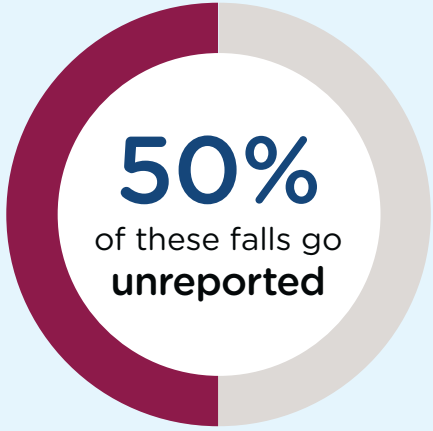
Once your order is placed, we will immediately start processing your system. Once you receive the system, you will be able to set it up yourself.

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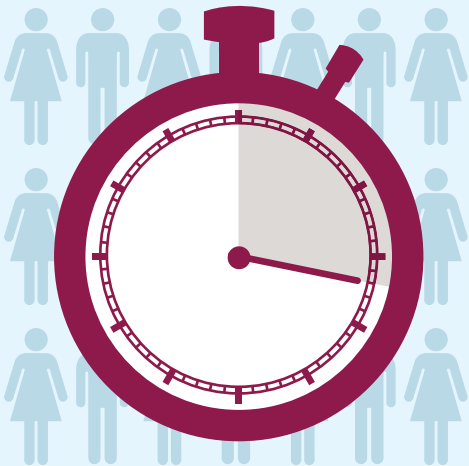
Falls Happen



AMONG OLDER ADULTS,
FALLS ARE THE LEADING
CAUSE OF INJURY DEATH.



Every **17** seconds
an older adult will be
hospitalized after falling.



6.3 billion dollars
annual cost of fall-related
emergency care for seniors.



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Fall Prevention Checklist



AMONG OLDER ADULTS,
FALLS ARE THE LEADING
CAUSE OF INJURY DEATH.



AROUND THE HOUSE

- Arrange furniture for ease of movement
- Purchase socks and slippers with grip on the bottom
- Keep appliance cords out of the way or tie with twist ties
- Move commonly used items within reach on low shelves
- Use carpets and rugs with skid proof backing



BATHROOM

- Install grab bar in shower or next to bathtub
- Use wall-mounted soap dispenser
- Use non-slip mats or carpet
- Use raised toilet seat
- Install hand held showerhead



STEPS AND STAIRS

- Install handrails on stairs and pathways
- Apply bright colored tape to steps
- Install bright lighting
- Secure carpets with tacks or nails
- Keep free of clutter



In the event of a fall, a medical alert system can get you help quickly.

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